

YOUR SCHOOL PICNIC MENU



A balanced selection of carbohydrates, protein, fresh fruits and vegetables.

MONDAY

Sausage sandwich
Cheese & crackers
Vegetable sticks
Fruit slices
Pudding of the day

TUESDAY

Cheese roll
½ sausage roll
Vegetable sticks
Fruit slices
Pudding of the day

WEDNESDAY

Pizza Slice
Vegetable sticks
Fruit slices
Pudding of the day

THURSDAY

Ham Roll
Cheese & crackers
Vegetable sticks
Fruit slices
Pudding of the day

FRIDAY

Fish finger sandwich
Home-made cheese straws
Vegetable sticks
Fruit slices
Pudding of the day



 /hc3seducation