

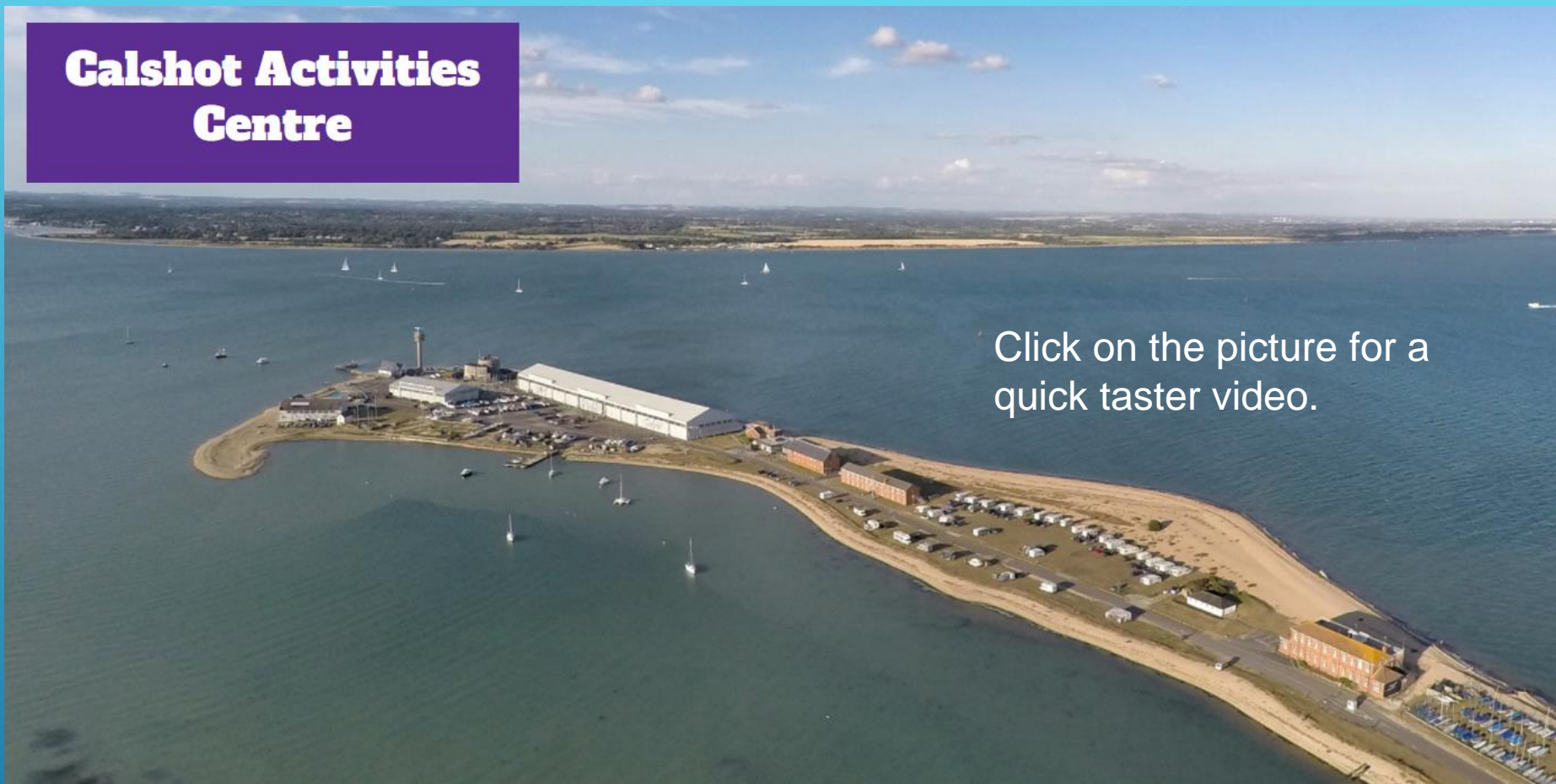
# CALSHOT - 3 DAY RESIDENTIAL

MONDAY 10<sup>TH</sup> TO WEDNESDAY 12<sup>TH</sup> OCTOBER.

- Year 3 – Overnight in the school hall
- Year 4 – One night's camping at Runways End in May
- Year 5/6 – 2 night residential at an Outdoor Adventurous Activity Venue (*alternate years*).
- Year 5/6 – Stubbington Activity Centre 4 nights (*alternate years*).



# Calshot Activities Centre



Click on the picture for a quick taster video.

- One of the most well-known outdoor centres in the country and a fantastic location offering sailing, other water-based and land based activities.
- Calshot is located near Southampton, on the Solent, with stunning views across to the Isle of Wight.
- Take a 360 degree tour [here](#)

# Why Calshot?

## Why only three days?

- Much smaller centre (up to 180 students) offering a more personalised approach.
- Offers OAA (Outdoor Adventurous Activities) opportunities not available within Mayhill's Curriculum e.g. Rock Climbing, Kayaking, Track Cycling.
- Shorter length reduces possible anxiety levels.
- Closer to home.
- Develops self-esteem and self-confidence
- Chance to further bond as a class and with their teachers.
- Provides opportunities for your child to develop skills outside of the classroom; in environments and activities that they might not otherwise encounter.



# Calshot Year 5 and 6 Residential Trip

## October 2022

### How will the trip be structured?



#### Day 1:

- Leave school around 9 am.
- Arrive and settle in and lunch.
- Activities in the afternoon (2x land based or 1x water based)
- Evening meal followed by an evening activity.

#### Day 2:

- Breakfast, activities in the morning (2x land based or 1x water based)
- Lunch, activities in the afternoon (2x land based or 1x water based)
- Evening meal followed by an evening activity.

#### Day 3:

- Breakfast, activities in the morning (2x land based or 1x water based)
- Lunch and departure – arriving home about 3pm.

# ACTIVITIES

The different activities will be confirmed approximately 6 weeks before we go.

However, the programme offered will be agreed by the Mayhill Visit Leader and Calshot - but will be chosen from the following:

## Land Based:

- ▶ Archery / Air Rifle Shooting  
Climbing / Bouldering
- ▶ High ropes (crate stack / aero trek etc.)
- ▶ Low ropes initiative course
- ▶ Track Cycling (Velodrome)
- ▶ Orienteering
- ▶ Marine explore / beach walk

## Water based:

- ▶ Kayaking / Dinghy Sailing / Windsurfing

Click [here](#) and then scroll down to the activities list and click on an icon to see what it is all about.

### Activities





## Accommodation buildings

Sleeps approx 180 students in total. Most student rooms feature bunk beds and sleep 3-4 students, however some rooms can sleep 6, 8 or even 10.



## Facilities

Each building has its own layout and configuration of rooms, toilets/showers, communal space and drying rooms (where present).

## ACCOMMODATION

Teachers' rooms are close to the children and ALL staff are more than happy to be disturbed at any point throughout the night.

Children nominate 3 friends to be in their room and they are guaranteed at least one. We also ask the children to do the same for who they would like in their day group.

# CAN EVERY CHILD GO?

## *SUPPORTING YOUR CHILD?*

Teachers and staff have experience of managing many different SEN/Medical Conditions, including :

- ▶ Diabetes
- ▶ Asthma
- ▶ IBS
- ▶ Sleep walking
- ▶ Haemophilia
- ▶ Joint concerns
- ▶ Toileting
- ▶ Eating Disorders
- ▶ Directing and reminding children on dressing/showering/daily routines.
- ▶ SEN and EHCP needs

We can support all children with particular dietary requirements e.g.

- ▶ Gluten Free
- ▶ Vegan
- ▶ Vegetarian
- ▶ Dairy free
- ▶ Lactose intolerant
- ▶ Coeliac
- ▶ Nut allergies
- ▶ Specific allergies can be accommodated

# COSTS

- ▶ Visit - 3 days (2 nights) **currently cost for Calshot is £250 including all activities/food/accommodation.**
- ▶ **Additional insurance and coach costs** plus pocket money, the **overall cost** of the visit is **approximately £280.** (this will be confirmed once we have the 2022 prices and have booked the coaches).
- ▶ Families on free school meals, receive a £100 subsidy supported through Pupil Premium funding to approximately £180.
- ▶ ScoPay will be set for an initial deposit of £50, then £30 p.m. Feb. to Aug. with a final payment of £20 in Sept.
- ▶ Those on FSM will be contacted by the school office with payment details.





# Calshot – Key Health and Safety

## Safety of your students and staff is our number one priority

To uphold our commitment to safety:

- all instructors have a first aid qualification
- all staff have an enhanced DBS certificate and we regularly check the records
- our equipment undergoes regular and rigorous safety checks and maintenance
- all minibus drivers are trained and assessed through the MIDAS scheme.
- all staff complete a full induction programme to maintain high and consistent standards
- many of our staff hold high level National Governing Body qualifications

## Instructor to student ratio

Water activities operate in group sizes of one instructor to up to twelve students at most. Water activities include sailing, windsurfing, kayaking, raft building, and open canoeing.

Land based activities operate in group sizes of one instructor to ten students at most. Land activities include track cycling, skiing, snowboarding, mountain walking, climbing, and target sports.

We generally expect a teacher to join the session and to support the instructor with students who have specific needs.

Course directors manage your programme to take account of the weather. If we have to cancel an activity due to adverse weather, we will provide an alternative. All our centres have a selection of "all weather" activities.

“

We all enjoyed the activities which were very well and safely organised.”

— Alverstoke Junior School



# DEADLINE

If you would like your child to be included in the booking of this residential visit:

- Complete the slip found on the original letter (also found here).
- Return to the School Office with a **non-refundable** deposit of £50 by the Wednesday, 26<sup>th</sup> January.