

# Mayhill Junior School PSHE overview

## Core Themes:

1. Health and Wellbeing
2. Relationships
3. Living in the Wider World

Year group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
3	<p><b>PSHE – Settling in</b> Wider world-RRS day leading to class charter. Health and Wellbing – e safety. Peer mentor introduction.</p>	<p><b>PSHE-How can I help others to feel safe in school?</b> Anti bullying week</p>	<p><b>PSHE –How do I feel?</b></p>	<p><b>PSHE –What makes a friend?</b></p>	<p><b>PSHE- What’s it like in someone else’s shoes?</b></p>	<p><b>PSHE-What skills do I need for the future?</b>  Health and well being- SRE</p>
4	<p><b>PSHE-What makes me feel good?</b> Wider world-RRS day leading to class charter Health and Wellbeing – e safety</p>	<p><b>PSHE- How can I stay safe?</b> Anti bullying week</p>	<p><b>PSHE -How can I stay healthy?</b></p>	<p><b>PSHE-What different relationships do I have?</b></p>	<p><b>PSHE – Is it OK to say ‘No’?</b></p>	<p><b>PSHE – What is ahead?</b> Health and well being -SRE</p>
5	<p><b>PSHE –Who decides?</b> Wider world-RRS day leading to class charter Health and Wellbing – e safety</p>	<p><b>PSHE -We are all different!</b> Anti bullying week</p>	<p><b>PSHE – Why do we take risks?</b></p>	<p><b>PSHE –What does ‘Community’ mean?</b>  Peer mentor applications</p>	<p><b>PSHE –What’s in the news?(wider world)</b> Health and Well being –Emergency First Aid training</p>	<p><b>PSHE- It’s my body</b> Health and well being - SRE</p>

6	<p><b>PSHE- Rights, Responsibilities and the law</b>  Wider world -RRS day leading to class charter  Health and well being - Bikeability  Health and Wellbing – e safety</p>	<p><b>PSHE-How can I keep myself safe?</b>  Anti bullying week</p>	<p><b>PSHE –The world of work</b></p>	<p><b>PSHE- How can I disagree without falling out?</b></p>	<p><b>PSHE –How will I cope at Secondary school?</b>  Wider world- Enterprise project</p>	<p><b>PSHE –How will my relationships change? (SRE)</b></p>
---	--	--	---------------------------------------	---	---	---